



| # | Name | WK | Ort | Zeit | Platz | -WK |
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| 1098 | Herb, Stefan | M20 | Mainz | 2:49:24,7 | 4 | 1 |
| 1196 | Mühlhans, Niko | M20 | Lich | 2:55:50,0 | 11 | 2 |
| 694 | Hardenack, Frank | M20 | Olpe | 2:56:14,4 | 13 | 3 |
| 250 | Pintschovius, Lars | M20 | Kelkheim | 2:57:53,3 | 19 | 4 |
| 299 | Textor, Christopher | M20 | Limburg | 3:22:31,5 | 108 | 5 |
| 655 | Loepthien, Felix | M20 | Oberursel | 3:24:20,2 | 118 | 6 |
| 1271 | Schmitt, Dirk | M20 | Lahnau | 3:25:58,1 | 137 | 7 |
| 959 | Baum, Waldemar | M20 | Weilburg | 3:28:39,2 | 162 | 8 |
| 1164 | Uebler, Rolf | M20 | Darmstadt | 3:29:32,4 | 172 | 9 |
| 83 | Burkhart, Jochen | M20 | Usingen | 3:29:33,0 | 173 | 10 |
| 611 | Hartmann, Lars | M20 | Merenberg | 3:29:37,1 | 176 | 11 |
| 1027 | Junkert, Daniel | M20 | Dornburg | 3:33:59,5 | 215 | 12 |
| 580 | Lohnstein, Jörg | M20 | Grävenwiesbach | 3:35:36,2 | 230 | 13 |
| 939 | Reinhold, Bernhard | M20 | Kronberg | 3:36:00,3 | 234 | 14 |
| 1029 | Messinger, Frank | M20 | Eppstein | 3:36:54,6 | 243 | 15 |
| 585 | Müller, Simon | M20 | Karben | 3:39:40,7 | 264 | 16 |
| 298 | Tannert, Frank | M20 | Limburg | 3:40:01,7 | 266 | 17 |
| 1079 | Walter, Daniel | M20 | Waldbrunn | 3:40:24,8 | 273 | 18 |
| 922 | Förster, Tim-Henning | M20 | Buseck-Trohe | 3:42:40,0 | 296 | 19 |
| 919 | Steinmann, Jörg | M20 | Gießen | 3:42:40,3 | 297 | 20 |
| 262 | Krüger, Marcel | M20 | Frankfurt am Main | 3:43:07,2 | 301 | 21 |
| 546 | Dittmann, Tim | M20 | Grävenwiesbach | 3:44:29,7 | 319 | 22 |
| 1173 | Jeuck, Matthias | M20 | Runkel | 3:45:57,5 | 342 | 23 |
| 221 | ?, ? | M20 | | 3:48:57,8 | 380 | 24 |
| 447 | Brandt, Florian | M20 | Weilrod | 3:54:25,4 | 448 | 25 |
| 1141 | Maul, Paul | M20 | Oberursel | 3:54:43,3 | 452 | 26 |
| 1080 | Simon, Marcel | M20 | Elz | 3:59:28,7 | 506 | 27 |
| 683 | Jankowski, Axel | M20 | Diez | 3:59:56,3 | 512 | 28 |
| 983 | Riechmann, Matthias | M20 | Karlsruhe | 4:02:07,9 | 535 | 29 |
| 1268 | Hase, Rene | M20 | Oberursel | 4:03:15,1 | 544 | 30 |
| 316 | Böhm, Heiko | M20 | Hirschberg | 4:10:34,9 | 607 | 31 |
| 707 | Müller, Alexander | M20 | Usingen | 4:15:20,8 | 643 | 32 |
| 1139 | Lehmeier, Stefan | M20 | Friedberg | 4:16:46,6 | 655 | 33 |
| 256 | Christmann, Philipp | M20 | Heistenbach | 4:20:27,4 | 678 | 34 |
| 1251 | Ferdinand, Max | M20 | Wiesbaden | 4:30:55,1 | 759 | 35 |
| 251 | Diehm, Alexander | M20 | Hofheim - Diedenbergen | 4:51:47,5 | 859 | 36 |
| 436 | Hartmann, Jens | M20 | Weilburg | 4:55:31,8 | 874 | 37 |
| 744 | Sattler, Michael | M20 | Offenbach | 4:55:47,6 | 878 | 38 |
| 712 | Breitung, Sven | M20 | Schmitten | 4:57:20,8 | 888 | 39 |
| 1083 | Patalong, Peter | M20 | Frankfurt | 4:57:21,6 | 889 | 40 |
| 964 | Lottermann, Gero | M20 | Weilmünster | 5:19:14,2 | 940 | 41 |